

HOPE BRIGADE DAYS

P.O. BOX 1702, HOPE, B.C. V0X 1L0

Tel.: (604) 869-2744

Fax: (604) 869-5633

www.hopebrigadedays.com



The Hope Hustle

is a race up the Hope Lookout Trail, starting at the mountain base and climbing 445 metres (1,469 ft.) over a 1.7 km. track to the lookout bench.

Rules & Regulations

- (1) Hikers will begin the ascent at 60 seconds interval, and must give way to approaching hikers.
- (2) Only the ascent will be timed.
- (3) Plan on carrying extra clothing and water as you will be waiting at the top for fellow racers to reach there before descending yourself.
- (4) Please use caution on your descent.
- (5) All fitness levels are encouraged to participate, but participants must be able to complete the hike in less than one hour, due to the wait at the top.
- (6) Race begins at 8:00 a.m. sharp on Saturday, September 6, 2008. Register at least 20 minutes before your designated starting time in your race package.
- (7) Each competitor must fill out the registration form (below) and waiver (attached) to be dropped off together with the \$15.00 entry fee, at Toy's Pharmacy **no later than Friday, August 29.**
- (8) Pick up your race packages at Toy's Pharmacy between **12 noon and 4:00 p.m. Friday, September 5.**

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For more information, please contact Shelley Empey at 604-869-9869 or Kris Lebedoff at 604-869-2129
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Detach completed entry form and return together with signed waiver and \$15.00 entry fee (includes Briggie Button) to Toy's Pharmacy no later than Friday, August 29..

Name _____ Age on race day _____

Address _____ Sex _____

_____ Phone _____

Predicted finish time _____ T-Shirt size _____

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8:00 - 10:30 a.m. Saturday, September 6, 2008

YOUR SIGNATURE ACKNOWLEDGES YOUR UNDERSTANDING OF THIS DISCLOSURE OF RISK BY HOPE BRIGADE DAYS SOCIETY AND WAIVER OF RESPONSIBILITY BY YOU FOR:

The Hope Brigade Days society (hereinafter referred to as the Organizers) HEREBY GIVE NOTICE to the undersigned that the Organizers of this and any related event expressly deny any and all responsibility and legal liability for any injury, damage, loss or other claim whatsoever arising, whether directly from participation in or preparation for any event, or indirectly in any manner no matter what the cause, and the undersigned agrees to hereby assume full responsibility for any injury, damage, loss or claim.

That any participant, sponsor or spectator who is in any manner involved by the Organizers hereby expressly waives absolutely and for all time any claim which can, may or does arise out of such participation, sponsorship or spectatorship, and confirms by executing this waiver that all costs, risks and potential damages have been disclosed or are voluntarily in full agreement that no claim will be made against the Organizers for any reason by virtue of the undersigned's involvement in any matter organized or controlled by the Organizers herein.

NOTICE: this form contains a waiver of responsibility and a notice of risk for:

Brigade Days - The Hope Hustle

AND I admit receiving notice of denial of all liability by the Organizers and waive all claims against the Hope Brigade Days society and its officers as set out herein.

IF THE PARTICIPANT IS UNDER 19 YEARS OF AGE,
WAIVER MUST BE SIGNED BY PARENT OR GUARDIAN

Participant name _____ Parent/Guardian _____

Signature _____ Signature _____

Date _____ Date _____